



## Week #1: The Way of Prayer

### Reasons We Don't Pray:

- I really don't know \_\_\_\_\_ to pray.
- I don't have \_\_\_\_\_ to pray.
- I just don't \_\_\_\_\_ praying.
- I don't think prayer \_\_\_\_\_.

### Reasons We Do Pray:

- Prayer is \_\_\_\_\_.

*"...Jesus often withdrew to lonely places and prayed."*

Luke 5:16 (NIV)

- Prayer is \_\_\_\_\_.

*We live in the bold confidence that God hears our voices when we ask for things that fit His plan. And if we have no doubt that He hears our voices, we can be assured that He moves in response to our call.*

1 John 5:14-15 (VOICE)

- Prayer is \_\_\_\_\_.

*Then another angel with a gold incense burner came and stood at the altar. And a great amount of incense was given to him to mix with the prayers of God's people as an offering on the gold altar before the throne. The smoke of the incense, mixed with the prayers of God's holy people, ascended up to God from the altar where the angel had poured them out.*

Revelation 8:3-4 (NLT)

### How We Pray:

*In this manner, therefore, pray:*

*Our Father in heaven,  
Hallowed be Your name.  
Your kingdom come.*

Your will be done  
On earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our debts,  
As we forgive our debtors.  
And do not lead us into temptation,  
But deliver us from the evil one.  
For Yours is the kingdom and the power and the glory forever.  
Amen.

Matthew 6:9-13 (NKJV)

- Pray with \_\_\_\_\_ and \_\_\_\_\_.

*“Our Father in heaven, Hallowed be Your name.”*

Matthew 6:9 (NKJV)

- Pray with \_\_\_\_\_ and seek God’s \_\_\_\_\_.

*“Your kingdom come. Your will be done, On earth as it is in heaven.”*

Matthew 6:10 (NKJV)

- Pray with \_\_\_\_\_ for what you \_\_\_\_\_.

*“Give us this day our daily bread.”*

Matthew 6:11 (NKJV)

- Pray with \_\_\_\_\_ and \_\_\_\_\_.

*“And forgive us our debts, As we forgive our debtors.”*

Matthew 6:12 (NKJV)

- Pray with \_\_\_\_\_ for God’s \_\_\_\_\_.

*“And do not lead us into temptation, But deliver us from the evil one.”*

Matthew 6:13 (NKJV)

### Discussion Questions

1. What is your understanding of prayer? How do you pray?
2. Do you have a regular prayer practice and if so, how has it developed over time?
3. What concerns do you bring in prayer and how confident are you that God hears you?
4. How can you rearrange your day to set aside time for regular prayer?

### Recommended Resources

- *Praying Like Monks, Living Like Fools*, by Tyler Stanton
- *Pray First: The Transformative Power of a Life Built on Prayer*, by Chris Hodges
- *How to Pray: A Simple Guide for Normal People*, by Pete Greig
- *Prayer: Experiencing Awe and Intimacy With God*, by Timothy Keller
- *Prayer: Does It Make Any Difference?*, by Philip Yancey

(NCV) New Century Version  
(NLT) New Living Translation

(NIV) New International Version  
(NKJV) New King James Version

(VOICE) The Voice

## Week #1: The Way of Prayer - **FILL COPY**

### Reasons We Don't Pray:

- I really don't know HOW to pray.
- I don't have TIME to pray.
- I just don't ENJOY praying.
- I don't think prayer WORKS.

### Reasons We Do Pray:

- Prayer is PERSONAL.

*"...Jesus often withdrew to lonely places and prayed."*

Luke 5:16 (NIV)

- Prayer is POWERFUL.

*We live in the bold confidence that God hears our voices when we ask for things that fit His plan. And if we have no doubt that He hears our voices, we can be assured that He moves in response to our call.*

1 John 5:14-15 (VOICE)

- Prayer is PLEASING.

*Then another angel with a gold incense burner came and stood at the altar. And a great amount of incense was given to him to mix with the prayers of God's people as an offering on the gold altar before the throne. The smoke of the incense, mixed with the prayers of God's holy people, ascended up to God from the altar where the angel had poured them out.*

Revelation 8:3-4 (NLT)

### How We Pray:

*In this manner, therefore, pray:*

*Our Father in heaven,*

*Hallowed be Your name.*

*Your kingdom come.*

*Your will be done*

*On earth as it is in heaven.*

*Give us this day our daily bread.*

*And forgive us our debts,*

*As we forgive our debtors.*

*And do not lead us into temptation,*

*But deliver us from the evil one.  
For Yours is the kingdom and the power and the glory forever.  
Amen.*

Matthew 6:9-13 (NKJV)

- Pray with CONFIDENCE and WORSHIP.

*“Our Father in heaven, Hallowed be Your name.”*

Matthew 6:9 (NKJV)

- Pray with PEACE and seek God’s PRIORITIES.

*“Your kingdom come. Your will be done, On earth as it is in heaven.”*

Matthew 6:10 (NKJV)

- Pray with FAITH for what you NEED.

*“Give us this day our daily bread.”*

Matthew 6:11 (NKJV)

- Pray with HUMILITY and CONFESSION.

*“And forgive us our debts, As we forgive our debtors.”*

Matthew 6:12 (NKJV)

- Pray with OPENNESS for God’s POWER.

*“And do not lead us into temptation, But deliver us from the evil one.”*

Matthew 6:13 (NKJV)

### **Discussion Questions**

1. What is your understanding of prayer? How do you pray?
2. Do you have a regular prayer practice and if so, how has it developed over time?
3. What concerns do you bring in prayer and how confident are you that God hears you?
4. How can you rearrange your day to set aside time for regular prayer?

### **Recommended Resources**

- *Praying Like Monks, Living Like Fools*, by Tyler Stanton
- *Pray First: The Transformative Power of a Life Built on Prayer*, by Chris Hodges
- *How to Pray: A Simple Guide for Normal People*, by Pete Greig
- *Prayer: Experiencing Awe and Intimacy With God*, by Timothy Keller
- *Prayer: Does It Make Any Difference?*, by Philip Yancey

(NCV) New Century Version  
(NLT) New Living Translation

(NIV) New International Version  
(NKJV) New King James Version

(VOICE) The Voice