



Mother's Day 2026

And a woman was there who had been subject to bleeding for twelve years. She had suffered a great deal under the care of many doctors and had spent all she had, yet instead of getting better she grew worse. When she heard about Jesus, she came up behind him in the crowd and touched his cloak, because she thought, "If I just touch his clothes, I will be healed." Immediately her bleeding stopped and she felt in her body that she was freed from her suffering. At once Jesus realized that power had gone out from him. He turned around in the crowd and asked, "Who touched my clothes?" "You see the people crowding against you," his disciples answered, "and yet you can ask, 'Who touched me?'" But Jesus kept looking around to see who had done it.

Mark 5:25-32 (NIV)

Three Basic Faith Practices:

- In my _____, I can _____ Jesus.
- In my _____, I can tell Jesus the _____.
- In my _____, I can let Jesus _____.

Bottom Line:

- Jesus wants to move in _____, and for me to honor the faith _____.

Discussion questions:

1. How easy or hard is it for you to be open to the idea that God wants to help you? In what ways do you want to be better at trusting God to help?
2. How have you allowed fear to make decisions in your life? Are there any areas of life where fear is holding you back this season?
3. How has Jesus redefined you? In what ways do you need to let Jesus redefine you in this season?
4. How is God inviting you to put your faith in action this season?

Recommended resources:

[*The Gifts of Imperfection*](#), by Brené Brown

[*Breaking the Patterns That Break You*](#), by Tori Hope Petersen

[*Abuelita Faith*](#), by Kat Armas

[*Prayer in the Night*](#), by Tish Harrison Warren

[*The Way of the Heart*](#), by Henri J. M. Nouwen

(NIV) New International Version

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Mark 5:25-32 (NIV)

Three Basic Faith Practices:

- In my struggle, I can seek Jesus.
- In my fear, I can tell Jesus the whole truth.
- In my brokenness, I can let Jesus redefine me.

Bottom Line:

- Jesus wants to move in my life, and for me to honor the faith I have.

Discussion questions:

1. How easy or hard is it for you to be open to the idea that God wants to help you? In what ways do you want to be better at trusting God to help?
2. How have you allowed fear to make decisions in your life? Are there any areas of life where fear is holding you back this season?
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